

MARRIAGE IS COMMUNICATION

(VERTICAL & HORIZONTAL!)

COMMUNICATION PROCESS

Transmitter - Message - Receiver
(encoding) *(decoding)*

INTERFERENCE

NOISE; DISTRACTIONS;

LACK OF CONCENTRATION;

PHYSICAL, MENTAL, SOCIAL & EMOTIONAL FACTORS;

CULTURE; PERSONALITIES

BASIC PRINCIPLES OF GOOD COMMUNICATION

- Jas 1:19 "be quick to listen, slow to speak, and slow to get angry."
- Eccles 3:7 know when to speak & when to be silent cf.
Prov 10:19
- Pros 15: 1 Diffuse anger: "A gentle answer deflects anger, but harsh words make tempers flare."
- Reconcile Promptly Eph 4:26-27
- Speak Lovingly & Kindly - Build up, don't tear down! Eph 4:29-32
- Honesty Eph 4:25

TALK TO GOD!!

- Talk to God at length before you talk to your friend, spouse or child about an issue!!
 - get your advice, input, wisdom from God
- Don't gossip to others (Prov 16:28 17:9)
- Keep confidence ... keep it between you & the Lord!

- Col 4:6 "Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one."